



**\$14.79** LUNCH SPECIALS AVAILABLE MONDAY – FRIDAY  
Your choice of sandwich on toasted focaccia bread and one side.

# Bigger Bites. Bigger Flavor.

Enjoy a larger sandwich made with high-quality ingredients.  
Now, that's more flavor in every bite!

## 1 Choose a Sandwich



### COLD

**BRUSCHETTE CHICKEN** (770 cal)  
Our seasoned wood-grilled chicken topped with roasted tomatoes, burrata cheese, and pesto\*\*



### ITALIAN

(1060 cal)  
An Italian Favorite! Thinly sliced oven-roasted rosemary ham, genoa salami, pepperoni, mozzarella cheese, sliced tomato, romaine lettuce, pepperoncini peppers, red onion, roasted garlic aioli, and Italian dressing



### CAPRESE

(570 cal)  
An Italian Favorite!  
Sliced tomatoes, burrata cheese, and pesto\*\*



### HOT

**MEATBALL** (1130 cal)  
Meatballs in our pomodoro sauce topped with mozzarella and grated romano cheeses



### CHICKEN PARMESAN

(560 cal)  
Chicken, coated with Mama Mandola's breadcrumbs, sautéed and topped with our pomodoro sauce and parmesan & mozzarella cheeses



### STEAK MARSALA\*

(760 cal)  
Sliced sirloin and mozzarella cheese topped with mushrooms and our Lombardo Marsala wine sauce

## 2 Choose a Side

**CUP OF SOUP** (110-220 cal)  
Mama Mandola's Sicilian Chicken Soup or Soup of the Day

**SIDE SALAD** (320-390 cal)  
House Creamy Parmesan, Italian or Caesar

**NEW!**  
**CHILLED PASTA SALAD** (600 cal)

**PENNE POMODORO** (350 cal)

**SAUTÉED BROCCOLI** (140 cal)

**FRENCH FRIES** (500 cal)



## Unwrap Delicious!

To order your next lunch gathering and for more info, scan the QR code or visit us at [carrabbas.com/carrabbas-sandwich-bistro](http://carrabbas.com/carrabbas-sandwich-bistro)

Before placing your order, please inform your server if a person in your party has a food allergy. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. Nutrition information is updated when new data is received from our suppliers. Due to this reason, calories on the print menu may differ from online information. The online information is the most up to date.

\*THESE ITEMS ARE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS WHICH MAY CONTAIN HARMFUL BACTERIA MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS. \*\*ITEM CONTAINS OR MAY CONTAIN NUTS.

# Lunch Trio



**\$11.99**

Served with your choice of one small plate, soup and side salad.

## 1 Choose a Small Plate

### MEATBALLS & RICOTTA (480 calories)

Two meatballs simmered in our pomodoro sauce with ricotta, parmesan and romano cheese

### SHRIMP SCAMPI (710 calories)

Sautéed shrimp (imported, farm-raised), garlic, white wine and our lemon butter sauce served with our toasted garlic and herb bread

### MOZZARELLA MARINARA (520 calories)

Hand-cut and breaded, served with our marinara sauce

### FETTUCCINE ALFREDO (810 calories)

Creamy alfredo sauce over perfectly cooked fettuccine

### FOUR-CHEESE & SAUSAGE STUFFED MUSHROOMS (320 calories)

Stuffed with sausage, spinach, ricotta, parmesan, romano, mozzarella cheese and Italian breadcrumbs served over our tomato cream sauce

## 2 Choose a Soup

### MAMA MANDOLA'S SICILIAN CHICKEN SOUP (230 calories)

### SOUP OF THE DAY (110 - 240 calories)

## 3 Choose a Salad

### HOUSE CREAMY PARMESAN (340 calories)

### ITALIAN (320 calories)

### CAESAR (390 calories)

**\$9.99**

# Endless Soup, Salad & Bread

Choice of a cup of soup (110-240 calories) and your choice of side salad (320-390 calories), served with baked sourdough bread with oil and herb mix (100 calories)

## Entrée Salads

All salads may be made with light balsamic dressing (80 calories). Add crumbled Gorgonzola (80 calories) to any salad for \$2.30.

### JOHNNY ROCCO SALAD

Wood-grilled shrimp (imported, farm-raised), sea scallops (imported) or a combination served over romaine tossed with roasted red peppers, kalamata olives and ricotta salata in our Italian vinaigrette

Shrimp (550 calories) | **21.79**

Sea Scallops (630 calories) | **23.79**

Shrimp & Sea Scallops (570 calories) | **22.79**

### CAESAR SALAD

Wood-grilled chicken or shrimp served over romaine, croutons, parmesan and romano cheese and Caesar dressing

Chicken (870 calories) | **17.79**

Shrimp (imported, farm-raised) (800 calories) | **18.79**

### ITALIAN SALAD

Wood-grilled chicken or shrimp served over romaine, garden vegetables, kalamata olives and our Italian vinaigrette dressing

Chicken (790 calories) | **17.79**

Shrimp (imported, farm-raised) (700 calories) | **18.79**

# Sangria

Enjoy one of our refreshing housemade Italian Sangrias served by the glass or pitcher  
Blackberry, Peach or Classic Red (190 - 1020 calories)



## Beverages

### PREMIUM LEMONADES

Strawberry (140 cal)

Raspberry (160 cal)



### FLAVORED GOLD PEAK® ICED TEA

Ask your server about today's options (35-50 cal)



### ITALIAN BOTTLED WATER

San Pellegrino Sparkling (0 cal)

Acqua Panna Still (0 cal)



### COLD BEVERAGES

Coca-Cola (80 cal)



Diet Coke (0 cal)



Sprite (90 cal)



Hi-C (90 cal)



Dr. Pepper (90 cal)



Minute Maid (100 cal)



Gold Peak (0/70 cal)

Proudly Serves NESPRESSO

### COFFEES

Coffee (0 cal)

Cappuccino\*\* (90 cal)

Espresso\*\* (45 cal)

Cafè Latte\*\* (110 cal)

SOME ITEMS SERVED AT THIS ESTABLISHMENT MAY CONTAIN IMPORTED SEAFOOD. ASK FOR MORE INFORMATION.

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