

# Lunch & Early Dining Menu

Available Open – 5PM

## APPETIZERS

### SHRIMP SCAMPI

Garlic, white wine and our lemon butter sauce served with our toasted garlic and herb bread (960 calories) | 6.50

### MEATBALLS & RICOTTA

Two meatballs simmered in our pomodoro sauce with ricotta, parmesan and romano cheese (480 calories) | 5.99

### CALAMARI

Hand-breaded to order and served with our marinara sauce (1090 calories) | 7.50

### MOZZARELLA MARINARA

Hand-cut and breaded, served with our marinara sauce (1050 calories) | 6.50

### ZUCCHINI FRITTE

Hand-breaded, lightly fried and served with roasted garlic aioli (760 calories) | 6.00

## SOUPS

### MAMA MANDOLA'S SICILIAN CHICKEN SOUP

Spicy chicken soup that has soothed the family for generations bowl (320 calories) | 6.99

### SOUP OF THE DAY

Ask your server for today's made-from-scratch selection bowl (210-490 calories) | 6.99

## SALADS

### HOUSE CREAMY PARMESAN SALAD

Romaine with carrots and shredded red cabbage topped with pepperoncini and Kalamata olives and our creamy parmesan dressing with Chicken (940 calories) | 15.99 with Shrimp (760 calories) | 15.99

### CAESAR SALAD

Romaine, croutons, parmesan and romano cheese and caesar dressing with Chicken (980 calories) | 15.99 with Shrimp (800 calories) | 15.99

### ITALIAN SALAD

Romaine, garden vegetables, kalamata olives and our Italian vinaigrette dressing with Chicken (880 calories) | 15.99 with Shrimp (700 calories) | 15.99

### SIGNATURE SALADS

House Creamy Parmesan (330 calories), Italian (320 calories), or Caesar (390 calories) | 5.99

## HANDMADE PIZZAS

Add a salad for 2.99 (320 - 390 calories)

### CHEESE

Fresh mozzarella (580 calories) | 12.99

### PEPPERONI

Fresh mozzarella and pepperoni (790 calories) | 12.99

### MARGHERITA

Fresh milk mozzarella, fresh tomatoes and basil (630 calories) | 12.99

## BISTRO SANDWICHES

Your choice of a sandwich on toasted focaccia bread served with French fries.

### BRUSCHETTE CHICKEN SANDWICH

Our seasoned wood-grilled chicken topped with roasted tomatoes, burrata cheese, and pesto (590 calories) | 15.99

### MEATBALL SANDWICH

Meatballs in our pomodoro sauce topped with mozzarella and grated romano cheeses (710 calories) | 15.99

### CHICKEN PARMESAN SANDWICH

Chicken, coated with Mama Mandola's breadcrumbs, sautéed and topped with our pomodoro sauce and parmesan and mozzarella cheeses (690 calories) | 15.99

### STEAK MARSALA SANDWICH

Sliced sirloin and mozzarella cheese topped with mushrooms and our Lombardo Marsala wine sauce (220 calories) | 16.99

## LUNCH PORTION SPECIALTIES

Served with choice of signature side. Premium sides available for an additional charge. Add a salad for \$2.99

### CHICKEN MARSALA

Wood-grilled and topped with mushrooms and our Lombardo Marsala wine sauce (330 calories) | 18.99

### CHICKEN PARMESAN

Coated with Mama Mandola's breadcrumbs, sautéed and topped with our pomodoro sauce, parmesan, romano and mozzarella cheese (410 calories) | 17.99

### TUSCAN-GRILLED CHICKEN

Wood-grilled and seasoned with Mr. C's Grill Baste, olive oil and herbs (200 calories) | 16.99

### CHICKEN BRYAN

Wood-grilled and topped with goat cheese, sun-dried tomatoes, basil and our lemon butter sauce (360 calories) | 18.99

### POLLO ROSA MARIA

Wood-grilled chicken stuffed with fontina cheese and prosciutto, then topped with mushrooms and our basil lemon butter sauce (420 calories) | 18.99

## PASTA

Add a salad for 2.99 (320 - 390 calories)

### LASAGNE

Pasta layered with our pomodoro sauce, meat sauce, ricotta, parmesan, romano and mozzarella cheese (1030 calories) | 15.99

### FETTUCCINE CARRABBA

Fettuccine Alfredo with wood-grilled chicken, sautéed mushrooms and peas (2040 calories) | 18.99

### SPAGHETTI

Pomodoro sauce (730 calories) | 12.99  
Bolognese meat sauce (870 calories) | 15.99  
Meatballs (1220 calories) | 15.99

### LINGUINIE POSITANO

Crushed tomatoes, garlic, olive oil and basil (950 calories) | 12.99  
with Chicken (1220 calories) | 17.99  
with Shrimp (1040 calories) | 17.99

### MEZZALUNA

Half-moon ravioli with chicken, ricotta, parmesan, romano cheese, and spinach in our tomato cream sauce (700 calories) | 18.99

## STEAKS & CHOPS

Served with choice of signature side. Premium sides available for an additional charge. Add a salad for \$2.99

### TUSCAN GRILLED SIRLOIN\*

7oz (310 calories) | 20.99

### TUSCAN-GRILLED PORK CHOP\*

One Chop (400 calories) | 19.99

## SEAFOOD

Served with choice of signature side. Premium sides available for an additional charge. Add a salad for \$2.99

### SIMPLY GRILLED SALMON\*

Wood-Grilled Salmon (540 calories) | 19.99

### SALMON CAPPERI

Wood-grilled Salmon topped with oven-roasted grape tomatoes, fresh basil, capers and our lemon butter sauce (220 calories) | 21.99

## SIDES

SAUTÉED BROCCOLI (140 calories) | 3.99

GARLIC MASHED POTATOES (350 calories) | 3.99

PENNE POMODORO (350 calories) | 3.99

## PREMIUM SIDES

ROSEMARY PARMESAN FRIES (780 calories) | 4.99  
upgrade with entrée | 1.99

SAUTÉED SPINACH (180 calories) | 4.99  
upgrade with entrée | 1.99

FETTUCCINE ALFREDO (820 calories) | 6.49  
upgrade with entrée | 3.49

## DESSERTS

### PETITE STRAWBERRY CHEESECAKE

Creamy New York-style cheesecake topped with our strawberry purée (500 calories) | 5.99

### PETITE TIRAMISÙ

Lady fingers dipped in liqueur-laced espresso, layered with sweetened mascarpone, Myers's Rum and chocolate shavings (460 calories) | 5.99

## BEVERAGES

### SOFT DRINKS & FRESHLY BREWED ICED TEA

(0 - 100 calories) | 2.99

### FLAVORED ICED TEA & LEMONADE

(35 - 160 calories) | 3.99



## VINO

### 6OZ GLASS OF HOUSE RED OR WHITE

(150 calories) | 5.00

Price available only if ordering off the Prima Cena menu

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. Nutrition information is updated when new data is received from our suppliers. Due to this reason, calories on the print menu may differ from online information. The online information is the most up to date.

\*THESE ITEMS ARE COOKED TO ORDER, CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS WHICH MAY CONTAIN HARMFUL BACTERIA MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

**CARRABBA'S**  
ITALIAN GRILL®



**VISIT [CARRABBAS.COM](https://www.carrabbas.com)**